

	<u>LUNES</u>	<u>MARTES</u>	<u>MIERCOLES</u>	<u>JUEVES</u>	<u>VIERNES</u>	<u>SABADO</u>
7:15		ILLES CYCLING	T:I.T.	ILLES CYCLING	GAP	
8:15		T.I.T	BP	T.I.T	T.I.T	
8:30	PILATES	ILLES CYCLING		ILLES CYCLING		
9:15	T.I.T	STEP	PMG	BB	T.I.T	
9:30	PMG	PILATES	YOGA	ILLES CYCLING	PILATES	
10:15	T.I.T	GAP	T.I.T	GAP		
10:30			PMG	PILATES		
11:30						
14:00	BS	BP	T.I.T	BC	ILLES FLOW	
15:15	GAP		ILLES CYCLIN	RITMOS	ILLES CYCLING	
15:30	PILATES	BTS FUSIÓN	T.I.T	PILATES	BP	
15:30		PMG	PMG		PMG	
16:30	BP	FIT-BALL		GAP	T.I.T	
16:30	PMG					
17:30	ILLES CYCLING		ILLES CYCLING	PMG	ILLES CYCLING	
17:30	PILATES	GAP	T.I.T.	BS		
17:30			PILATES			
18:30	BS	AEROBIC	FITBALL	T.I.T	BP	
18:30	YOGA		YOGA			
19:00	ILLES CYCLING	PILATES		PILATES	ILLES CYCLING	
19:30	T.I.T	BB	BS	INICIACIÓN AEROBIC/STEP	T.I.T	
19:30					YOGA	
20:00	RITMOS	ILLES CYCLING	GAP	ILLES CYCLING		
20:30	STEP	T.I.T	RITMOS	BP		
21:00		PILATES		PILATES		

ILLES DONA

